

South Suburban Gastroenterology, PC
Weymouth Endoscopy, LLC
1085 Main Street, South Weymouth
TEL: 781-331-2922 FAX: 781-335-5702

Instructions for Sigmoidoscopy with Fleet Enemas

Name: _____

Your procedure has been scheduled on: _____ at _____.

Please arrive at: _____

Please bring your insurance cards and a photo ID with you on the day of the procedure.

Please obtain a referral from your primary care physician if needed.

Day before the procedure:

- 1- Do not eat after midnight the night before your exam.

Day of exam:

- 1- Take one fleet enema an hour and a half prior to arrival time.
- 2- Take the second fleet enema an hour prior to arrival time.
- 3- You may drink clear fluids up to 3 hours prior to your exam time.
- 4- No solid foods are permitted.
- 5- You may take any prescription medications.

If you are having sedation with this procedure, you must have a ride home from a family member or friend as public transportation is not allowed. You are not able to drive for the remainder of the day.